

DOCTOR BOB'S NIGHTMARE

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- (P) 1. After two and one half years with the Oxford Group, what happened one Saturday afternoon?

Comment: The lady making the call was Henrietta Seiberling, a close friend and a member of the Oxford Group.

2-a. It was May 11, 1935 the day before what day of celebration?

2-b. What had Dr. Bob brought home to commemorate that day?

2-c. What condition was he in and what did he do about it?

5. What happened the next day?

6-a. Wishing to be polite, what did he agree to do?

6-b. For how long was he willing to do it?

- (P) 8-a. When did he and Anne arrive at the Gate House of the Seiberling Estate?

8-b. How long did the fifteen minutes last?

10-a. What did he later have with Bill?

10-b. What happened as an apparent result of their talks?

12-a. How long did it last?

12-b. Where did Dr. Bob go?

14-a. What did he relieve the train of?

14-b. Then he purchased what?

16. What day was that?

17-a. What did he do that night?

17-b. What did he do on Monday?

17-c. And then he proceeded to do what?

20. Where did he do his drinking?

21. How did Tuesday go?

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22. To avoid embarrassment, what did he do?
23. Where did he head for and what did he get on the way?
24. What did he have to wait for?
 - 25-a. What did he experience at that point?
 - 25-b. Where did he come to?
- 27-a. What did they do?
- 27-b. What did Anne do?
- 29-a. What did Bill do with Dr. Bob?

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1-b. What did Bill give Dr. Bob that night?

1-c. What did he give him the next morning?

(P) 3. What day was that?

Comment: June 10, 1935 is considered the birth date of Alcoholics Anonymous.

4. How long had Dr. Bob been sober when he wrote his story?

(P) 5. What question would naturally come to the mind of most people?

6. What must be remembered?

7-a. What had Bill experienced that made the difference for Dr. Bob?

7-b. What had each of these two men tried that worked for Bill but did not work for Dr. Bob?

9. What information did Bill have that Dr. Bob did not have?

10-a. What was the single most important thing that helped Dr. Bob?

10-b. In other words, Bill did what?

12. What did Bill know?

(P) 13. What was a most wonderful blessing?

14. What three things did he say he had regained?

15. What other two things were good?

(P) 16. What did Dr. Bob say he did with great deal of his time?

17. Does he tell us why?

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Comment: Let's examine the reasons he gives for all the time he spent in trying to help other alcoholics.

1. Reason one?
2. Reason two?
3. Reason three?
4. Reason four?
- (P) 5-a. What did Dr. Bob experience in early sobriety?
5-b. How long did this last?
7. Was it an occasional thing?
8. But at no time was he what?
9-a. What used to upset him?
9-b. What thinking did he develop to combat this?
- 11-a. It didn't behoove him to what?
11-b. Why was that?
- (P) 13-a. What kind of folks did he mention?
13-b. That would keep them from what?
13-c. What were his feelings for those folks?
16. What if you think you can handle your drinking on you own?
17-a. But if you really and truly want to do what?
17-b. And sincerely feel you need what?
17-c. What do we know?
- 20-a. Is it a reliable way?
20-b. If you will do what?

“Your Heavenly Father will never let you down!!!”